

**SIU Otolaryngology Allergy Clinic** \*Allergy testing will not be performed on patients that are on Beta-Blockers, pregnant, have had immunizations within 24 hours of testing or have exercised 2 hours before testing. Patients should not resume exercise for minimum of 2 hours after testing.

**Do not take these medications 7 days prior to allergy skin testing**

**1st Gen. Antihistamines**

| <b>Generic Name</b>       | <b>Brand Name</b>  |
|---------------------------|--|
| Azatadine                 | Optimine   |
| Bromphenarimine           | BroveX, Dimetane, Lodrane  |
| Carbinoxamine Maleate     | Histex Pd, Palgic and Pediatex   |
| Chlorpheniramine (6 days) | AHIST, Aller-Chlor, C.P.M, Chlo-Amine, Chlor-Allergy, Chlor-Mal, ChlorTrimeton, Chlorphen, Effidac-24, Histex, Ridraman  |
| Clemastine (10 days)      | Allerhist-1, Contact 12hr Allergy, Tavist-1  |
| Cyproheptadine (11 days)  | Periactin  |
| Dexchlorpheniramine       | Polaramine   |
| Diphenhydramine           | Actifed Sinus Day, Aler-Tab, Allergy, AllergySinus, Allermax, Aler-Dryl, Altaryl, Banophren, Benadryl, Calm-Aid, Children's Allergy, Compoz Nighttime, Diphedryl, Diphen-Allergy, Diphenhist, Dormin Sleep Aide, Dytan, Dytuss, Genahist, Hydramine, Ibuprofen PM, Nu-Med, Nytol, PediaCare Children's Allergy, Q-Dryl, Quenalin, Scot-Tussin Allergy, Siladryl, Silphen, Simply Allergy, Simply Sleep, Sleep-ettes, Sleep Formula, Sleepinal, Sominex, Tavist, Theraflu, Triaminic, Twilite, Tylenol PM, Unisom Sleep Gels, Valu-Dryl |
| Dimenhydrinate            | Dramamine  |
| Hydroxyzine (8 days)      | Atarax, Rezine, Vistaril   |
| Ketotifen                 | Zatiden  |
| Meclizine HCl             | Antivert, Bonine   |
| Methdilazine              | Tacaryl  |
| Phenindamine              | Nolahist   |
| Promethazine              | Chlorpromazine, Phenergan, Promethazine, Prorex 25 & 50, Thorazine   |
| Pryilamine                | Nisaval  |
| Trimaparazine             | Tremaril   |
| Tripelennamine (7 days)   | PBZ & PBZ-SR   |
| Tripolidine               | Myidyl, Zymine   |

**2nd Gen. Antihistamines**

|               |          |
|---------------|----------|
| Astemizole    | Hismanal |
| Cetirizine    | Zyrtec   |
| Desloratidine | Clarinx  |

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|              |         |
|--------------|---------|
| Fexofenadine | Allegra |
|--------------|---------|

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|                                |                       |
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| Loratadine (9 days)            | Alavert, Claritin     |
| Levocetirizine dihydrochloride | Xyzal                 |
| Metquitazine                   | Primalan, Quintadrill |
| Mizolastine                    | Mizollen, Mistamine   |
| Terfenadine                    | Seldane               |

#### **Nose Sprays Antihistamines**

|            |                                     |
|------------|-------------------------------------|
| Azelastine | Astelin, Astepro, Patanase, Dymista |
|------------|-------------------------------------|

#### **Ophthalmic Antihistamines**

|             |  |
|-------------|--|
| Azelastine  | Optivar  |
| Olopatadine | Patanase, Pataday and Patanol Ophthalmic eye drops |

#### **Other**

|                       |  |
|-----------------------|--|
| Theophylline          | Theo-Dur, Respbid, Slo-Bid, Theo-24, Theolair, Uniphyll, Slo-Phyllin |
| Vitamins A,C,D and E  | In doses >1000u  |
| Ranitidine (1-2 days) | Zantac   |
| AlleRx                |  |
| Aldex                 |  |
| Famotidine (1-2 days) | Pepcid   |
| Cimetidine (1-2 days) | Tagamet  |
| Nizatidine            | Axid   |
| Astemizole (21 days)  | Antihistamine  |

#### **Cough & cold meds w/ antihistamines**

|          |            |
|----------|------------|
| Actifed  | Tavist     |
| Dimetapp | Trinalin   |
| Dristan  | Histussin  |
| Drixoral | Tylenol PM |

#### **Sleep Aids**

|        |                       |
|--------|-----------------------|
| Nytol  | Tylenol cold & flu    |
| Nyquil | Tylenol Flu Nighttime |

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#### **Antidepressants- Tricyclic** \*Prescribing MDs must okay stopping these

|               |   |
|---------------|---|
| Amitriptyline | Elavil, Endep, Etrafon, Limbitrol, Vanatrip |
|---------------|---|

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|                      |   |
|----------------------|---|
| Amoxampine           | Asendin   |
| Clomipramine         | Anaframil   |
| Desipramine          | Norpramin   |
| Doxepin              | Adapin, Sinequan (8 days), Zonalon (+topical) (14 days) |
| Imipramine (14 days) | Tofranil  |
| Nortriptyline        | Aventyl HCL, Pamelor                                    |
| Protriptyline        | Vivactil  |
| Trimipramine         | Surmontil   |

### **Benzodiazepines**

Clonazepam  
Diazepam  
Lorazepam  
Midazolam  
Klonopin  
Valium  
Ativan  
Versed  
Alprazolam

### **Atypical Antidepressants/Sedatives**

Bupropion  
Eszopiclone  
Mirtazapine (7 days)  
Quetiapine (7 days)  
Trazodone  
Zolpidem  
Wellbutrin  
Lunesta  
Remeron  
Seroquel  
Oleptro  
Ambien

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**Beta Blockers** \*Must have prescribing MD to stop, MD may prescribe replacement med for 5 days

|                            |  |
|----------------------------|--|
| Acebutolol -(B1 selective) | Sectral Capsules                                 |
| Atenolol -(B1 selective)   | Tenoretic 50 & 100, Tenormin                     |
| Betaxolol - (B1 selective) | Betoptic & S ( Ophthalmic / eye drops ), Kerlone |

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|                                |   |
|--------------------------------|---|
| Bisoprolol -(B1 selective)     | Zebeta, Ziac  |
| Carteolol (NS)                 | Cartrol Filmtab Tabs, Ocupress (Ophthalmic / eye drops)   |
| Carvedilol (NS)                | Coreg   |
| Esmolol HCL (NS)               | Brevibloc Injection   |
| Labetalol (NS)                 | Normodyne, Trandate   |
| Levobunolol                    | AK-Beta, Betagan Liquifilm(Ophthalmic / eye drops)  |
| Levobetaxolol                  | Betaxon   |
| Metipranolol                   | OptiPranolol (Ophthalmic / eye drops)   |
| Metoprolol -(B1 selective)     | Lopressor + Lopressor HCT, Toprol-XL  |
| Nadolol (NS)                   | Corgard, Corzide, Nadolol Tabs  |
| Penbutolol (NS)                | Levatol   |
| Pindolol (NS)                  | Visken  |
| Propranolol (NS)               | Inderal, Inderide   |
| Sotalol - (B1 selective)       | Betapace, Sorine  |
| Timolol + Timolol Maleate (NS) | Betimol, Blocarden, Ocumeter, Timolide tabs, Cosopt, Occudose, Timoptic, XE, (Opthal / eye drops) |

**Herbal Supplements**

**Decrease Test Results**

- Licorice
- Green tea
- Saw palmetto
- St. John's Wort
- Fever Few

**Increase Test Results**

- Milk Thistle
- Astragalus

**Topical Corticosteroids**

**Medicines OKAY to take before allergy Testing**

**Nasal Sprays**

- Afrin
- Beclamethasone
- Beconase
- Budesonide
- Flonase
- Flunisolide
- Mometasone

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Nasacort  
Nasalcrom  
Nasaryl  
Nasonex  
Neosynephrine  
Oxymetazoline  
Rhinocort  
QNasal  
Trimacinalone  
Veramyst

**Eye Drops**

Acular  
Alamast  
Alocril  
Alomide

**Proton Pump Inhibitors**

Dexlansoprazole  
Esomeprazole  
Lansoprazole  
Omeprazole  
Pantoprazole  
Rabeprazole  
Kapidex  
Nexium  
Prevacid  
Prilosec, Zegerid  
Protonix  
Aciphex

**Medicines OKAY to take before  
allergy Testing**

**Serotonin NorEpi Reuptake  
Inhibitors (SNRI)**

Duloxetine  
Desvenlafaxine  
Milnacipran                      Ixen, Savella  
Venlafaxine

**Selective Serotonin Reuptake  
Inhibitors (SSRI)**

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|                         |         |
|-------------------------|---------|
| Citalopram              | Celexa  |
| Escitalopram            | Lexapro |
| Fluoxetine              | Prozac  |
| Olanzapine + Fluoxetine | Symbyax |
| Paroxetine              | Paxil   |
| Sertraline              | Zoloft  |

Other  
Antibiotics  
Guaifenesin / Mucinex  
Phenylephrine  
Pseudoephedrine /  
Sudafed  
Singulair (is an oral allergy medication)

#### **All Asthma Medications**

Ace Inhibitors  
Benazepril  
Captopril  
Enalapril  
Lisinopril  
Perindopril  
Quinapril  
Ramipril

#### **Immunosuppressant**

Cyclosporin